**LESSON DEVELOPMENT ONE**

**MEANING DRUG USE AND ABUSE**

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| **STAGE/TIME** | **TEACHER’S ACTIVITIES** | **LEARNER'S ACTIVITIES – MIND/HANDS ON** | **LEARNING POINTS** |
| **Step 1**  **Introduction**  **(5 minutes)** | Ask pupils to explain the meaning of drug.  Ask them to explain why we use drugs.  Let the pupils state different kind of drug they have taken.  Ask pupils if they have ever take drugs prescribe by your parents, family’s doctor, teachers, friends and family? | Drug is any substance that affects the action of the body.  We use drugs for medicines.  Paracetamol, cough syrup, honey, salt and water, agbo, blood tonic, etc.  Parents – Yes  Family’s doctors – Yes/No  Teachers – Yes/No  Friends and family – Yes/No | Linking the Previous knowledge to the new lesson |
| **Step 2**  **Development**  **(5 minutes)**  **Grouping** | 1. Groups the learners into four groups – A, B, C, and D.  2. Guide the learners to choose a leader and secretary for your group.  3. Gives each group learning materials – A chart showing different substances (cigarette, marijuana, paracetamol, coffee, kolanut, cough syrup, etc.), empty bottle of alcohol, markers, and cardboard papers. | 1. Belong to a group.  2. Choose their leader and secretary.  3. Received learning materials for their group. | Learner’s group, leader and secretary confirmed. |
| **Step 3 A**  **Development**  **(5 minutes)** | Tell pupils that if the doctors prescribe the drugs for their parents, teachers, family and friends that is good because it is only the doctors can prescribed any drugs for anyone. This is referred as drug use or normal use of drugs.  But if it not the doctor that prescribed the drug is called drug abuse.  Ask them to differentiate between drug use and drug abuse. | Listen to the teacher’s explanation.  Drug use is the use of drug according to the doctor’s prescription. While drug abuse is the use of drugs not according to the doctor’s prescription. | Meaning of drug use and drug abuse. |
| **Step 3 B**  **Development**  **(5 minutes)** | Place the chart showing different substances (e.g. cigarette, marijuana, paracetamol, coffee, kolanut, blood tonic, cough syrup, palm wine, etc.) on the board for all to see.  Ask the group to identify the drugs that can be prescribe by the doctors. | Drugs that can be prescribe by the doctors are paracetamol, cough syrup, blood tonic, etc. Sometimes, palm wine are recommended by traditional doctors for herb medicines. | Identification of drugs can be prescribe by the doctors. |
| **Step 4**  **Development**  **(10 minutes)** | Ask groups to discuss how the different substances in the chart and write down ways that such substances can be used and/or abused.  Get involved in each group discussion. | Groups discussion  Drugs can only be used according to doctors prescription.  Way of adusing drugs are –  1. Over-dozing on medicines.  2. Excessive consumption of harmful substances like alcohol, caffeine and tobacco (cigarette).  3. Self-medication  4. Taking expired drugs  5. Taking harmful drugs like cocaine, Valium, Indian hemp, etc. | Groups work |
| **Step 5**  **Development**  **(10 minutes)** | Asks each group to present their answers so that you can compare responses with those in other groups. | Presentation | Presentation |
| **Step 6**  **Conclusion**  **(5 minutes)** | To conclude the lesson, the teacher revises the entire lesson and ask the key questions.    **KEY QUESTIONS**  Write the following list of statements on the board and ask pupils to sort them into GOOD USE OF DRUGS (DRUG USE and BAD USE OF DRUGS (DRUG ABUSE) –  1. Taking paracetamol as prescribed by doctor/pharmacist for pain relief.  2. Taking strong coffee to stay awake in the night so that you can study.  3. Smoking tobacco to stay stimulated  4. Taking cough syrup that has been prescribed for your brother/sister.  5. Taking medicine through injection by a qualified nurse.  6. Taking food substances (like garlic, honey, lime, etc.) that have medicinal properties in moderate quantities. | The learners listen, ask and answer questions.  **EXPECTED RESPONSE**  1. Good use of drugs.  2. Bad use of drugs.  3. Bad use of drugs.  4. Bad use of drugs.  5. Good use of drugs.  6. Good use of drugs. | Lesson Evaluation and Conclusion |