



HEALTH

AGES: 0-2 YEARS

CRECHE/PLAYGROUP

S/N	TOPIC	PERFORMANCE OBJECTIVES		CARING/LEARNING MATERIALS
		PARENT & CAREGIVER	CHILD	
1.	CHILDHOOD DISEASES, AILMENT AND PREVENTION	i. Recognize and state different childhood illnesses e.g. measles, polio, diphtheria, tetanus, whooping cough, tuberculosis, diarrhoea, malaria, yellow fever, convulsion, coughs, colds, worm infections, acute respiratory infections, eye diseases, skin diseases, sickle	i. Show signs of good health. ii. Tell when not feeling well. iii. Avoid unhealthy environment. iv. Accept ORT/SS solution medication. v. Child isolation	-Poster/ pictures/chart s showing signs of childhood diseases and healthy children. -Television clip. -Video player and tapes -Radio jingles -Clean water -Bottle -Container -Towel -Toilet soap -Basin -Cups

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EARLY CHILDHOOD CARE EDUCATION SCHEMES OF WORK



	<p>cell, typhoid fever, anemia.</p> <p>ii. Mention their symptoms and preventive measures.</p> <p>iii. Refer sick child(ren) to appropriate health facility centre.</p> <p>iv. Prepare and administer ORT/SS solution when necessary.</p> <p>v. Manage common childhood illnesses.</p> <p>vi. Quarantine the child with disease from others</p> <p>vii. Ensure that the environment is clean and safe.</p> <p>viii. Prepare and offer complementary</p>	<p>-Salt</p> <p>-Sugar</p> <p>-Spoon</p> <p>-Medicated soap.</p> <p>Disinfectant.</p> <p>Treated mosquitoes' nets.</p> <p>Clinical thermometer.</p> <p>Posters/ charts on drug abuse.</p> <p>Water.</p> <p>Sponge.</p> <p>Dolls.</p> <p>Comb.</p> <p>Lotion.</p> <p>Powder.</p> <p>Body cream.</p> <p>Cotton wool.</p> <p>Petroleum jelly.</p> <p>Toothpaste.</p> <p>Tooth brush.</p>
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		<p>food for sick child(ren).</p> <p>ix. Advise parents to keep sick children at home.</p> <p>x. Control the spread of communicable diseases.</p> <p>xi. Report First Aid treatment administered to parents of sick child.</p>		<p>Glycerin.</p> <p>Cotton bud.</p> <p>Tissue paper.</p> <p>First Aid Box.</p> <p>Disinfectant,</p> <p>Training pants,</p> <p>Disposable nappies,</p> <p>Kettle,</p> <p>Potty,</p> <p>Pictures/ photographs,</p> <p>Posters/ charts</p>
2.	IMMUNIZATION	<p>i. Inform the parents on the types of immunization (Vaccines) e.g. OPV, BCG, DPT 1,2 & 3, Hepatitis B</p> <p>ii. Ensure completion of the child's immunization and Vit. A supplement.</p>	<p>i. Accept immunization officers/vaccine</p> <p>ii. Accept food supplements.</p>	<p>showing the various vaccines and the consequence of failure to complete immunization.</p>

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		<p>iii.Keep records of completion of immunization of children.</p> <p>iv.Participate in National Immunization Days and Sub-National Immunizations Days.</p>		
3.	DRUG USE AND ABUSE	<p>i. Always make referral when the child is sick.</p> <p>ii.Advise the parents on danger of administering drugs not prescribed by Medical Doctor.</p> <p>iii.Prevent the child against self medication.</p> <p>iv.Discuss drug abuse and its effects.</p>	<p>i.Accept and use prescribed drugs.</p> <p>ii.Remind or demand for drugs</p>	

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		<p>v.Refrain from indiscriminate use of drugs on children e.g. sleeping medicine.</p> <p>vi.Keep all drugs away from the reach of the children.</p>		
s4.	<p>PERSONAL HYGIENE I (Care of the body)</p>	<p>i.Care for the different parts of the body e.g. head, eyes, mouth, ears, hands/toes nails, teeth, legs, skin, armpit, anus, genitals etc.</p> <p>ii.Use available cleansing materials for babies and young child appropriately and regularly.</p> <p>iii.Attend baby care training sessions</p>	<p>i.Identify some parts of the body.</p> <p>ii.Name and touch parts of the body.</p> <p>iii.Keep all parts of the body clean.</p> <p>iv.Recite rhymes and sing songs relevant to personal hygiene.</p>	



		<p>whenever available.</p> <p>iv. Discuss consequences of neglecting care of the body.</p> <p>v. Child to take bath regularly.</p> <p>vi. Observe adequate care while cleaning different parts of the body.</p> <p>vii. Discuss oral hygiene.</p> <p>Note: No child abuse practices.</p> <p>viii. Demonstrate proper cleaning/brushing of teeth and other parts of the body.</p> <p>ix. Check fingers and toe nails.</p> <p>x. Recite rhymes and sing songs relevant to personal</p>	
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		hygiene.		
5.	PERSONAL HYGIENE II (Toilet Habits)	i. Provide appropriate toilet facilities. ii. Describe good toilet habits. iii. Give children proper toilet training. iv. Avoid child abuse during toilet training. v. Recognize signs/signals when a child needs to use the toilet. vi. Clean or assist the child after the use of toilet. Note: No child abuse practices.	I. Identify the proper place for toileting (potty). ii. Say when there is need to go to toilet. iii. Urinate or pass stool in the proper place e.g. potty or specified area. iv. Attempt cleaning up after the use of toilet. v. Wash hands after the use of toilet.	
6.	ORPHANS AND	i. Recognize the needs of		

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	<p>VULNERABLE CHILDREN</p>	<p>orphans and vulnerable, children e.g. food, cloth, shelter, love, warmth, water etc.</p> <p>ii. Take care of the needs of the orphans and vulnerable children inclusive: -Providing appropriate counseling and giving psychosocial support.</p> <p>iii. Provide materials for the orphans and vulnerable children, e.g. shoes, clothes, food, drinks, love etc.</p> <p>iv. Raise awareness in</p>		
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communities to create an enabling environment for the children.
v. Strengthen the coping capacities of families and communities.
vi. Support sustainable communication initiatives to reduce stigma and discrimination.
vi. Support the government policies that protect the most vulnerable children.



SAFETY MEASURES

0-2 YEARS

CRECHE/PLAYGROUP

S/ N	TOPICS	PERFORMANCE OBJECTIVES		CARING/LEARNING MATERIALS
		PARENT & CAREGIVER	CHILD	
1.	ACCIDENTS AND THEIR PREVENTION.	i. Make the environment safe. ii. Identify and remove dangerous objects. iii. Identify dangerous actions and address them. iv. Explain how these actions cause accidents among children.	i) Recognise safe environment. ii) Recognise dangerous objects. iii) Identify dangerous actions and situations. iv) Keep away from dangerous objects, actions and situations.	<ul style="list-style-type: none">Fire ExtinguisherSandBucket of waterBlanketPosters /chartsEquipped First Aid BoxSoapWaterHand towelSpongeStory books



2.	FIRST AID	i. Provide First Aid to children. ii. Keep the First Aid Box out of the reach of the children.	i) Call caregivers' attention when First Aid is required.	<ul style="list-style-type: none"> • Pictures
3.	COPING WITH EMERGENCIES	i. Show love and care to children during emergency. ii. Relocate children to safe places. iii. Give simple and understandable instructions during emergency.	Listen to and obey instructions during emergency	