LAGOS STATE GOVERNMENT, MINISTRY OF EDUCATION & EARLY CHILDHOOD CARE EDUCATION SCHEMES OF WORK

PHYSICAL DEVELOPMENT (PD)

NURSERY 2 - AGE 4

1ST TERM

1111/6	TODICS	CONTENTS /ACTIVITIES	T.:
WKS	TOPICS	CONTENTS/ACTIVITIES	LEARNING
			MATERIALS
1	Information	i. Teacher stimulates the child to	- Birth records
, -A	about child	give information on self.	
		ii. Record the information given	Centre/School
	if it is to the	by the child.	health records
	sle2	ii. Obtain and record personal	- Growth
		data of the child such as weight,	charts
		height, birth, health records etc.	- Tape
\$		iii. The child states his/her name,	measure
		age, sex, school, home address,	- Poster &
- 7		weight, height, health records.	charts
- 3			- Mirror
- 5	PARTY OF THE PARTY	The late of the body of the second	- Height chart
5 -1 1	WAS IN		and weighing
vienti as	re and		scale.
J.	and at		- Child's
1.3	tangka adilah	and a grown and washing the blanch in the	personal file.
2	Information about Child's parent (father & mother)	i. Stimulate the child to give information about his/her parents' names (father and mother), Address, occupation. ii. Keep the parents' name profile.	

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3	Information	i. Stimulate the child to give	1 2 3 2 2 2 2
	about Child's	information about his/her	6.00 (0.72%)
	Siblings	sibling(s).	maju d
		ii. The pupils states the sibling(s)	_
3-11	MAJU	and his/her position in the	
T	14 生产的	family.	
4	Indoor	i. Explain and demonstrate the	- Volleyball
	Softball	various ways of using soft foam	- Softball
	Games	balls to play an indoor	- Balloon
		basketball, bowling, soccer or	- Whistle
	La de la talente	catch.	- Safe play
	theb. Intern	ii. The pupils use softball or	area.
	rate i di di	balloon to play volley ball or	1
E 1	The state of	catch.	
5	Creative	The teacher explains and	- Charts
	Movement	demonstrates the different	- Pictures
1	Exercise	movement made by animals.	- Video clips
	2121		- Space/ field
377	AT 1.1 100	Activity:	- Animals flash
-	Silver	- The pupils are invited to the	cards
4 1 7	Backer -	field of play to move around like	- Sport kits
		different animals such as:	- Whistle
	7	March like a soldier	- Stop watch
		Gallop like a horse	11. 431.
	100	Glide like a bird	menso
	72	Crawl like a cat	Jant 💆 📗
6	MID TERM	MID TERM BREAK	
	BREAK		

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	A A t t	TI	
7	Manipulative	The teacher demonstrates	- Soft ball
Light to	Movement	before pupils on the playground	- Whistle
	(Throwing of	the various manipulative skills	- Space from
	balls)	and then asks the pupils to	danger.
-	5 1	follows suit.	- Sport kits
_	# St. 30	1 201 1 11	- Charts
	100	Activity:	- Video clips.
	- 1	- The pupils hold the ball (soft),	
		throw and lift their arms, swing	
		the hand in the direction of	1
		throw and then release the	2 1 1/1 2
	1	object (ball)	1 46 C
8	Locomotor	Demonstrate the various	- Playing
	Movement	locomotor skills such as hopping,	ground
no i	(walking,	jumping, walking, playing, and	- Sport kits
	Playing,	running while practising listening	- Whistle
	Running)	skills.	- Stop watch
	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		- Charts
		Activity:	
		The pupils play the game such as	*
		"Duck, Duck, Goose" or "Follow	
		the leader" then mixing it up	1 .
		with jumping, hopping and	
		walking backward.	
9	Football Game	i. The teacher explains and	- Goal post
	(Kicking a ball)	demonstrates the different basic	- Sport kits
	(Micking a Dall)	skills used for kicking.	- Ball(soft)
	,	ii. The pupils perform the basic	- Whistle
_		II, THE Publis periorili the basic	

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	1,	skills for kicking a ball.	- Stop watch.
- H		Activity: The pupils perform kicking a football accurately by forming a big circle with one pupil at the centre throwing or kicking the ball to other pupils one after the other.	
10&11	REVISION	REVISION	
12&13	EXAMINATION	EXAMINATION	

NOTE: Pupils are to be evaluated individually on the field of play based on the activities exposed to.

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PHYSICAL DEVELOPMENT (PD)

NURSERY 2 - AGE 4

2ND TERM

WKS	TOPICS	CONTENTS/ACTIVITIES	LEARNING
İ	7 m		MATERIALS
1	REVISION	Revision of 1st term's work	Revision
2	Stages of	Teacher observes, discusses and	- Growth
	Development I	monitors the physical	chart
		development of a child with	- Poster/
		simple activities that could show	chart
1		his/her flexibility, agility balance,	- Mirror
_	1	co-ordination, reaction time etc.	- Ball
		·	- Merry go
i .		- The pupils perform simple task/	round slide
De 20		activities to determine his/her	- Pictures of
1		physical development	various
3	Stages of	Teacher observes, discusses and	emotions
	Development	monitors the emotional	- counting
7	II GARAGE	development of a child, while	balls
į		noting his/her affection, anger	- Building
ili T	. 1	anxiety, apathy, boredom,	blocks
	• 1	contentment, excitement,	- Jigsaw
1	i saise i	hostility, satisfaction, worry, zeal	puzzle
		etc.	- Slides
4	Stages of	Teacher observes, discusses and	- Play house
	Development	monitors the social development	- Musical
	III	of a child with simple activities	tapes

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		that could indicate his/her class,	- Swings
		culture, environment, family,	- Skipping
	_	gender, health, knowledge etc.	ropes
			- Balls
		- The pupils perform simple	- Bowling
	7,200	activities to determine his/her	
	-	social development.	222
5	Stages of	Teacher observes, discusses and	37.76
	Development	monitors the intellectual	davaŭ .
	IV .	development of a child with	
	Note: State	simple activities that determines	
	that , sought	his/her perception, visual	
	110	perception, object recognition,	* +
	977	pattern recognition, attention,	
	tano i swattera	memory, reasoning, numerical	
1 W See	F 4 - 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	recognition etc.	
6	MID TERM	MID TERM BREAK	
2.10	BREAK	to 1.5. 1	9 S
7	Neuro	i. Teacher observes, monitors	vaseU
	Muscular Skills	and stimulates the child at play and	17.
944	e.g. Climbing	at work.	
	of steps,	ii. Train and guide child to	-
14	Jumping,	perform simple activity of	j Po
	balancing.	climbing, jumping and balancing.	
8	Manipulative	i. The teacher observes, monitors	1
= 7 w m	Movement	and stimulates the pupils to	38612
	(Catching of	throw and catch balls given to	19490
	ball)	them.	(1)

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		ii. The pupils perform simple	
		activity of catching of balls on the	14307
		field of play.	
9	Simple & Fun	i. The teacher describes and	a Liv
	Exercises	demonstrates some simple	177
		exercises for pupils.	50 E
		ii. The pupils perform the	
	MINNE LOS	following simple exercises:	
	71.500	- Jumping jack	
	moa- son	- Jogging in a place	1 4
	mydi (ISE)	- Turning	
55	ISCH - WILL	- Squatting	, ,
	Med - Caret	- Frog jump	,
	gizia" *	- High knee	
	15010	- Walking on toes.	
10&11	REVISION	REVISION	
12&13	EXAMINATION	EXAMINATION	

LAGOS STATE GOVERNMENT, MINISTRY OF EDUCATION FEARLY CHILDHOOD CARE EDUCATION SCHEMES OF WORK



PHYSICAL DEVELOPMENT (PD)

NURSERY 2 - AGE 4

3RD TERM

WKS	TOPICS	CONTENTS/ACTIVITIES	LEARNING
		2.50	MATERIALS
1	REVISION	Revision of 2 nd term's work	
2	Correct Sitting	Discuss, by demonstrating and	- Musical
	Posture	encouraging correct sitting	instruments
		posture to children e.g. knees	- songs/
		and hip joints should make an	rhyme book
		angle 90. Get on top of sitting	- Puzzles
		bone. Preserve the curve, take a	- Balls
		deep breath. Check your	- Skipping
		shoulders. Practise this often	rope
3.	Correct	Discuss, demonstrate and	- Loop
	Standing	encourage correct standing	- Tunnel
	Posture	posture to children e.g. place	- Balance
		your feet about shoulder width	beam
	,	apart. Stand up straight. Keep	- Slide
		your weight on the balls of your	- Merry go
		feet. Keep your shoulders	round
		squared. Pull your head back	- Crayons/
		and up etc.	paints
4	Correct Reading	Discuss by demonstrating and	- Scissors
	Posture	encouraging correct reading	- Pencils
	4 m Agr -	posture by children e.g. sit so	- Papers
		that your thighs are parallel to	- Space for

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	anintes (m	al di	
	arm reservation		rolling,
	and alemban		running,
	p nent.	The second of th	jumping
	11173	cause neck and back pain and	- Sand
	(42-4)	reduce your focus etc.	- Water
		asawsig ; c	- Clay/
	bas tooba	yan the Turbovide necessary is	plasticine
	nidriw In s	onment , author pay eguipm	- Radio
	rebnu	safe environment and	- Mobile toys
		supervision	- Tarpaulin
	0211157	orizagiq egeştilik	- Play centre
	gn.	riving a solproblem of the solproblem	- Crab chair
	alled yells	ETCLEL EL MONSE	- Train tunnel
5	School facilities	i. Discuss and encourage	- Slides
•	and play	interaction with people and	- C-saw
	equipment	materials within the child's	- Swings
		environment.	
no bea	he field of play ba	ii. Guide the child to play with	Lagor of B
		the out-door game equipment	1,25,151, .4 1,11
7		e.g. swings, C-saw, slides etc.	
6	MID TERM	MID TERM BREAK	
	BREAK		
7	Management of	i. Use relevant teaching/learning	
	Increase	materials and toys to stimulatethe	2
	Mobility	child's physical development.	- 8-
	·····•	ii. Child plays in groups with toys	
		e.g. counting toys, building toys,	
		language toys etc.	
		laliguage toys etc.	

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8	Physical Activities	i. Use relevant teaching/learning materials and toys to stimulate the child's physical development. ii. Child participates in the games using the equipment provided.	
9	Safety in the	i. Provide necessary indoor and	
- 1	Environment	outdoor play equipment within	." 1
ave the d	yM	safe environment and under	1
nilven		supervision.	
arther i		ii. Engage pupils in exercise	
Main G		and activities e.g. singing,	
isnatu	KT1 -	dancing games, throwing balls	
- 23	12-	etc.	1 Sein
10&11	REVISION	REVISION	ang
12&13	EXAMINATION	EXAMINATION	b09

NOTE: Pupils are to be evaluated individually on the field of play based on the activities exposed to.