

1ST TERM

WKS	TOPICS	CONTENTS/ACTIVITIES	LEARNING MATERIALS
1	FIRST Aid: First Aid Box	i. Discuss the meaning of first aid. ii. Mention some first aid box/kit contents to the pupils e.g. bandage, wool, scissors, plaster etc.	- Well Stocked first aid box/kit - Charts posters showing first aid application - Water
2	First Aid: Uses	i. Discuss the uses of the content of the first aid to pupils. ii. Demonstrate the use of the items to pupils.	- Soap - Cotton Wool - Bandage - Plasters.
3	My Body: Parts	i. Teacher sings song and recite rhyme on parts of the body. ii. Mention some parts of the body to pupils e.g. head, ears, nose, eyes, arms etc. iii. Explain to pupils why we care for our body.	- Iodine - Scissors - Disinfectant splints - Pictures - Posters - Charts.
4	Body Care for cuts	i. Give simple meaning of cuts to pupils. ii. Guide pupils on first aid treatment to cuts on the body, that is, stop the blood, wash,	



		clean and cover.	
5	Body Care for wounds	i. Give simple meaning of wounds to pupils. ii. Guide pupils on first aid treatment on wounds in the body e.g. rest head on soft pillow, raise the wounded leg/ arm and stop the blood with a piece of cloth.	
6	MID TERM BREAK	MID TERM BREAK	
7	Body Care on Sickness	i. Explain simple meaning of sickness. ii. Give example of sickness e.g. fever. iii. Discuss the steps to take for recovery. That is, visit the doctor, eat and drink, take medication, sleep.	
8	Food	i. Give simple meaning of food. ii. Mention types of food we have in our environment e.g. rice, beans, yam etc. iii. Discuss the use of food in our body e.g. to make us grow, to give us energy etc. caution pupils not to expose/ uncover their food to flies and ants to avoid food poisoning.	
9	Garden Tools	i. Give simple meaning of garden tools.	



		ii. List and discuss some garden tools we have in our environment e.g. rake, cutlass, hoe, shovel, wheelbarrow etc.	
10	REVISION	REVISION	
11	REVISION	REVISION	
12	EXAMINATION	EXAMINATION	
13	EXAMINATION	EXAMINATION	



BASIC SCIENCE AND TECH

KINDERGARTEN - AGE 5

2ND TERM

WKS	TOPICS	CONTENTS/ACTIVITIES	LEARNING MATERIALS
1	REVISION	Revision 1 st Term's work	- Well Stocked
2.	Food: Table manners	i. Give simple meaning of table manners. ii. Discuss with pupils what to do while eating e.g. sing the song - 'Table manners, don't talk while you are eating, take a little at a time, God bless you'. iii. Demonstrate to pupils first aid for choking food.	first aid box/kit - Charts posters showing first aid application - Water - Soap - Cotton Wool - Bandage - Plasters. - Iodine - Scissors - Disinfectant - Pictures - Posters - Charts.
3	Living and Non Living Things	i. Discuss some things that living things can do e.g. breath, move, walk, see etc. ii. Discuss some things that non living things cannot do.	
4	Domestic Animal: Dog	i. Explain the features of a dog to pupils. ii. Discuss the dog's house, baby and food. iii. List some uses of dog in our house e.g. security, food, pet, hunting. iv. Discuss first aid treatment for dog bites. Caution: Warn pupils not to touch or play with a dog they do not	



5	Insects	know. i. Discuss with pupils that insects are living things – they crawl or fly. ii. List some insects in the environment e.g. ant, cockroach, housefly, mosquito, butterfly, bee etc. iii. Discuss first aid treatment for insect bites.
6	MID TERM BREAK	MID TERM BREAK
7	Care of Nose	i. Guide pupils to identify nose on the body. ii. Discuss the uses of nose – breathing, smelling. iii. Discuss the care of nose and first aid for nose bleeds.
8	Bones	i. Give simple meaning of bones. ii. Discuss the use of bones in our body. iii. Discuss first aid for a fracture – broken bone. Caution: Warn pupils not to be involved in activities or play that can cause fracture.
9	Water: Transport	i. Discuss water as one of the means of transportation. ii. Mention some vehicles on water e.g. canoe, boat, ship etc. iii. Discuss first aid for drowning.
10	REVISION	REVISION



11	REVISION	REVISION
12	EXAMINATION	EXAMINATION
13	EXAMINATION	EXAMINATION

BASIC SCIENCE AND TECH

KINDERGARTEN – AGE 5

3RD TERM

WKS	TOPICS	CONTENTS/ACTIVITIES	LEARNING MATERIALS
1	REVISION	Revision of 2 nd Term's work	<ul style="list-style-type: none"> - Water - Basins - Cups - Charts - Posters - Picture Books - Watering cans - Garden flower beds - Aprons - Alum - Firewood - White cloth for flittering - Chlorine etc.
2.	Sources of water	i. Teacher guides pupils to discover the sources of clean water with the use of posters and charts. ii. List sources of water – well, spring, bore-hole, tap	
3	Water: Uses	i. Discuss the major use of water to plants and animals – to stay alive. ii. List various uses of water around us e.g. drinking, bathing, washing, watering plants, building houses, etc.	
4	Water: Characteristics	i. Guide pupils to identify clean and safe water among other liquid such as milk, orange juice, soft drink. ii. Explain to pupils that water is colourless, odourless and tasteless.	
5	Water: Methods	i. Discuss the reason for making	



	of Purification	water clean before drinking. ii. Discuss and demonstrate the methods of water purification – boiling, water filter, adding alum
6	MID TERM BREAK	MID TERM BREAK
7	Water: Storage	i. Discuss reasons for storing water. ii. List some containers for storing water e.g. bottle, tank, cistern, pond, ground etc.
8	Water-borne disease	i. Display pictures of victims of water borne disease to the pupils. ii. Mention some water-borne diseases e.g. cholera, typhoid fever, dysentery, guinea-worm, diarrhea.
9	Growing Plants	i. Teacher brings a sample of growing plant in a small pot or container to study. ii. Discuss what plants need for growth – air, sunlight, water and good soil.
10	REVISION	REVISION
11	REVISION	REVISION
12	EXAMINATION	EXAMINATION
13	EXAMINATION	EXAMINATION